

DEPARTMENT NOTICE

24-054 Published: 03/22/24 Expires: 03/22/27

Updated COVID-19 Isolation Guidelines

(Supersedes DN 24-002)

<u>Overview</u>

The California State Department of Public Health (CDPH) and CCSF have updated its COVID-19 <u>isolation guidance</u> from time based to <u>symptom</u> based. This Department Notice serves to notify members of the updated changes.

Isolation

Employees who have **symptomatic** COVID-19 infections must remain out of work for a minimum of 24 hours from the date of symptom onset, until their symptoms have improved, and they experience no fever for at least 24 hours without use of fever reducing medications (Advil, Ibuprofen, Tylenol, etc).

Employees who have a **positive** COVID-19 test but experience no symptoms may continue to work and do not need to isolate. Should they develop symptoms, they follow the guidance as above.

Masking

Those who have asymptomatic and symptomatic COVID-19 infections must mask for 10 days.

Reporting

SFPD employees who test positive for COVID-19 will no longer need to report individual cases to the medical liaison unit. Please self-report to People & Pay

• <u>https://sfdhr.org/sites/default/files/documents/COVID-19/Self-Reporting-Test-Results-PeoplePay.pdf</u>

Outbreak Management

• If any physical workplace location, such as a station, has 3 or more cases within two weeks, please alert the police physician for outbreak management protocols.

Condition	Symptoms	Isolation or Quarantine	Test to End work restrictions	Mask**
COVID Positive*	None	None	Not Required*	10 days
	Mild and resolving, no fever	Minimum of 24 hours from day of symptom onset	Not Required*	10 days
	Fever	Leave isolation 24 hours after resolution of fever without taking fever reducing medication	Not Required*	10 days
	Serious Symptoms***, seek care		Not Required	10 days
Close Contact	No symptoms	None	Recommend test Day 3-5 after exposure for those at risk of severe disease	10 days
	If symptoms develop, follow rules for Covid- like symptoms	Isolation until fever resolves and symptoms improving	Test at symptom onset, if negative and still symptoms repeat test in 1-2 days	10 days
COVID like symptoms	Isolate and test, continue to isolate if symptoms persist, even if test is negative	Isolation until fever resolves and symptoms improving	Test at symptom onset, if negative and still symptoms repeat test in 1-2 days	10 days

Employees are encouraged to continue to assess their health before coming to work in-person and reminded that staying out of the worksite, after checking in with their supervisor, if they feel ill helps to keep our workplaces healthy. Learn more details about the updated guidance <u>here</u>.



Per DN 23-152, all sworn & non-sworn Members shall electronically acknowledge this Department document in PowerDMS within (30) thirty calendar days of issuance. Members whose duties are relevant to this document shall be held responsible for compliance. Any questions regarding this policy should be sent to sfpd.writtendirectives@sfgov.org who will provide additional information.