



# DEPARTMENT NOTICE

21-037  
03/03/21

## **Reopening of Gyms as of 3/3/2021** (Amendment to DN 20-177)

Pursuant to the attached Public Health directive, "Notice of Suspension or Restrictions of Indoor and Outdoor Activity" the department will be reopening its gyms.

Facility coordinators are currently having the gyms cleaned and confirming that appropriate health signage is in place.

Occupancy will be limited to 10%. Members are required to comply with the attached occupancy matrix.

If you have any questions, please contact the Administration Bureau's Facilities at 415-837-7260.

  
WILLIAM SCOTT  
Chief of Police

*Per DN 20-150, all sworn and non-sworn members shall electronically acknowledge this Department document in PowerDMS. Members whose duties are relevant to this document shall be held responsible for compliance. Any questions regarding this policy should be made to [sfpd.writtendirectives@sfgov.org](mailto:sfpd.writtendirectives@sfgov.org) who will provide additional information.*



**Notice of Suspension or Restrictions of Indoor and Outdoor Activity**

**March 02, 2021**

In alignment with the State’s recommendations, San Francisco is reopening at the State’s Red Tier starting March 3, 2021. The decision to reopen balances the public health risks of COVID-19 transmission with the public health risks of economic and mental health stress.

Even though COVID-19 case rates have come down, there **remains a risk that people who you come into contact with may have COVID-19**. Most COVID-19 infections are caused by people who have no symptoms of illness. We also have confirmed there are new, more contagious virus variants in the San Francisco Bay Area and that **some of these variants are more likely to cause serious illness and death in unvaccinated people**. The opening of sectors does not necessarily signify that these activities are “safe.”

We have made our best efforts to create guidance to help these activities and sectors provide safer environments for workers and the public. However, this requires that everyone do their part to make these activities as safe as possible, including wearing masks that covers your mouth and nose especially when talking, avoiding indoor settings to the extent possible, maintaining at least 6 feet distance from those you don’t live with, avoiding get-togethers and gatherings to the extent possible, if you must gather minimize the amount of time you spend with people you don't live with, getting tested and isolating if you are ill, and complying with additional health protocols required of open businesses. People at risk for severe illness from COVID-19 — such as unvaccinated older adults and unvaccinated people with health risks — and those who live with or care for them are urged to defer participating at this time in activities with other people outside their household where taking protective measures of wearing face masks and social distancing may be difficult, especially indoors or in crowded spaces.

Any prior changes in business capacities and other activities required under the amendments must have been implemented by their respective effective dates, and any new changes will take effect by March 03, 2021. If cases rise, the Health Officer may further restrict or suspend other activities currently allowed under Health Officer Order C19-07.

**Important Notes:** The Health Officer ordered suspensions or restrictions on capacity limits of the activities as shown in the table below. Suspended or restricted businesses may still engage in Minimum Basic Operations as defined in Health Officer Order C19-07. These suspensions or restrictions amend any related orders, directives, or guidance. All impacted people and entities are required to adhere to these new limits and must otherwise continue to monitor and comply with all applicable [Health Orders](#) and [Directives](#).

<b>Business Capacities and Activities Table</b>			
<b>Activity and Amended Order or Directive</b>	<b>Affected Groups</b>	<b>Indoor or Outdoor</b>	<b>Change as of effective date △ = New Update</b>
<b>Dining</b> Order C19-07 Appendix C-1 Directive 2020-16	Restaurants, Bars with food, Shopping malls with food, Hotels with Restaurants, Museums, Zoos and Aquariums with Restaurants, Gyms with food, Office Cafeterias	<b>Indoor Restricted</b>	<b>Change as of Wednesday, March 3, 2021</b> 1. Indoor Dining Capacity Limit, <b>up to 25%</b> (Max. 100 pp not including personnel); must maintain at least 6 feet distance between diners. △ 2. Per table limit <b>up to 4 people</b> from <u>1 household</u> . △ 3. Indoor Dining groups limited to <u>2 Hours</u> maximum. △ 4. Indoor Dining only allowed from 5am - 10pm. △ 5. No television or live entertainment allowed. △ 6. Unvaccinated <u>Older Adults</u> , unvaccinated individuals with <u>health risks</u> , and members of their household urged not to participate. △ 7. If any activity involves removal of face coverings, business is required to post <u>Ventilation Checklist</u> and implement at least one measure. △ 8. By March 10, required <u>Dining and Vaccination</u> Signage must be posted. △ 9. Designate and Implement a COVID-19 Worksite Safety Monitor. 10. For take-out, no eating or drinking while waiting for your food. 11. Ventilation signage must be posted including breakrooms.
		<b>Outdoor Restricted</b>	<b>Change as of Wednesday, March 3, 2021</b> 1. Per table limit <b>up to 6 people</b> from <u>3 households</u> . △ 2. Tables must be spaced at least 6 feet apart between seated patrons; per State requirements, no barriers in lieu of 6 feet distance. Only Exception is for barriers installed before Dec 6. △ 3. Unvaccinated <u>Older Adults</u> , unvaccinated individuals with <u>health risks</u> , and members of their household urged not to participate. △ 4. Designate and Implement a COVID-19 Worksite Safety Monitor.





<b>Retail</b> Directive 2020-17	Retail Stores, Indoor Shopping Centers, Grocery Stores	<b>Indoor Restricted</b>	<b>Change as of Thursday, January 28, 2021</b> 1. Retail Stores Capacity Limits, <b>up to 25%</b> (not including personnel). 2. Standalone Groceries stores Capacity Limits <b>up to 50%</b> (not including personnel). 3. Self-serve bulk foods permitted with restrictions. 4. Ventilation signage must be posted including breakrooms.
		<b>Outdoor Allowed</b>	<b>Change as of Sunday, November 29, 2020</b> 1. Outdoor encouraged over indoor
<b>Gyms / Fitness Centers</b> Order C19-07 Appendix C-1 Directive 2020-27 Directive 2020-31	Gyms, Fitness Centers, Climbing Gyms	<b>Indoor Restricted</b>	<b>Change as of Wednesday, March 3, 2021</b> 1. Indoor Gyms / Fitness Centers Capacity Limits <b>up to 10%</b> (not including personnel). <b>Δ</b> 2. No showers, saunas, steam rooms, hot tubs, or locker rooms allowed. 3. Ventilation signage must be posted including breakrooms.
		<b>Outdoor Restricted</b>	<b>Change as of Thursday, January 28, 2021</b> 1. Outdoor Gyms allowed, no capacity limits, social distancing is required. 2. Outdoor Fitness classes Capacity Limits <b>up to 25 people</b> .
<b>Personal Services</b> Directive 2020-23 Directive 2020-30	Hair Salons, Barber Shops, Nail Salons, Massage, Estheticians, Skin Care, Cosmetology, Electrology, Tattooing, Piercing, Microblading	<b>Indoor Restricted</b>	<b>Change as of Wednesday, March 3, 2021</b> 1. Personal Services Capacity Limits <b>up to 25%</b> (not including personnel). 2. Implement Metering System to enforce Capacity Limits. 3. Services that involve removal of face covering are allowed but must be done at least 6 feet from others or in a separate room. Personnel are <b>required</b> to wear eye protection and a well-fitted mask. N95s are <b>strongly recommended</b> . <b>Δ</b> 4. If any activity involves removal of face coverings, business is required to post <a href="#">Ventilation Checklist</a> and implement at least one measure. <b>Δ</b> 5. Ventilation signage must be posted including breakrooms.
		<b>Outdoor Allowed</b>	<b>Change as of Wednesday, March 3, 2021</b> 1. Outdoor encouraged over indoor. 2. Services that involve removal of face covering are allowed but must be done at least 6 feet from others. Personnel are <b>required</b> to wear eye protection and a well-fitted mask. N95s are <b>strongly recommended</b> . <b>Δ</b>
<b>Movie Theaters</b> Order C19-07 Appendix C-1 Directive 2020-35	Movie Theaters	<b>Indoor Restricted</b>	<b>Change as of Wednesday, March 3, 2021</b> 1. Movie Theaters Capacity Limits <b>up to 25%</b> (Max. 100 people per screen). <b>Δ</b> 2. Food and beverage concessions not allowed. <b>Δ</b> 3. Ventilation signage must be posted including breakrooms.
<b>Museums, Aquariums, and Zoos</b> Directive 2020-32	Museums, Aquariums, and Zoos	<b>Indoor Restricted</b>	<b>Change as of Wednesday, March 3, 2021</b> 1. Museums, Aquariums, and Zoos Capacity Limits <b>up to 25%</b> (not including personnel). <b>Δ</b> 2. Indoor Dining, food and beverage concessions allowed (See Indoor Dining). <b>Δ</b> 3. Indoor Retail allowed (See Retail Store Capacity Limits). <b>Δ</b> 4. Ventilation signage must be posted including breakrooms.
		<b>Outdoor Allowed</b>	<b>Change as of Thursday, January 28, 2021</b> 1. With approved plan, Outdoor Museums allowed, No Capacity Limit. 2. With approved plan, Outdoor Zoos allowed, Capacity Limits <b>up to 50%</b> .
<b>Hotels and Lodging Facilities</b> Directive 2020-29	Hotels, Lodging Facilities	<b>Indoor Restricted</b>	<b>Change as of Wednesday, March 3, 2021</b> 1. Lodging facilities may accept reservations for all visitors in accordance with <a href="#">CDPH Travel Advisory</a> . 2. Lodging facilities must provide a copy of Tips for Staying in Lodging Facilities and self-screening handout to all guests. 3. It is strongly recommended to quarantine for 10 days for any travel. 4. Dining allowed (See Dining). <b>Δ</b> 5. Indoor Gyms and Fitness Centers allowed (See Gyms /Fitness Centers). <b>Δ</b> 6. No Conference Rooms, Business Centers, Lounge Areas and other Indoor Gathering places. 7. Ventilation signage must be posted including breakrooms.
<b>Office Facilities</b> Directive 2020-18	Nonessential offices	<b>Indoor Restricted</b>	<b>Change as of Tuesday, November 17, 2020</b> 1. Nonessential offices restricted until further notice. 2. Ventilation signage must be posted including breakrooms.





<b>Religious and Cultural Ceremonies</b> Order No. C19-07 Directive 2020-34	Churches, Temples, Synagogues, Mosques and other Places of Worship	<b>Indoor Restricted</b>	<b>Change as of Sunday, February 6, 2021</b> 1. Religious and Cultural Ceremonies Capacity Limits <b>up to 25%</b> (not including personnel). 2. No singing, chanting, wind or brass instruments. 3. Unvaccinated <b>Older Adults</b> , unvaccinated individuals with <b>health risks</b> , and members of their household urged not to participate. <b>Δ</b> 4. If any activity involves removal of face coverings, business is required to post <b>Ventilation Checklist</b> and implement at least one measure. 5. Ventilation signage must be posted including breakrooms.
		<b>Outdoor</b>	1. See Gatherings (Religious Activities and Political Protests)
<b>Swimming Pools</b> Appendix C-2 Directive 2020-24	Swimming Pools	<b>Indoor Suspended</b>	<b>Change as of Wednesday, March 3, 2021</b> 1. Not allowed except for basic swimming and drowning prevention classes for children capacity limit <b>up to 25%</b> (not including personnel). <b>Δ</b> 2. No Locker rooms or showers allowed. <b>Δ</b>
		<b>Outdoor Restricted</b>	<b>Change as of Thursday, December 10, 2020</b> 1. Total Capacity Limits: <b>up to 2 swimmers</b> from <u>2 households</u> per 300 Sq Ft of Shared Outdoor Swimming Pool Space. 2. No Locker rooms or showers allowed.
<b>Playgrounds and Family Entertainment Centers</b> Directive 2020-36 Appendix C-1	Outdoor Playgrounds, Outdoor Skate parks, Outdoor Roller and Ice rinks, Outdoor Batting Cages, Outdoor Mini-Golf	<b>Outdoor Restricted</b>	<b>Change as of Wednesday, March 3, 2021</b> 1. Ferris Wheels, Carrouseles, trampolines, and train rides allowed with only <u>1 household</u> per space, each space must be 6 feet apart. <b>Δ</b> 2. Outdoor Skate Parks, Outdoor Roller and Ice Rinks Capacity Limit <b>up to 25%</b> . 3. Outdoor Playgrounds, Outdoor Batting Cages & Outdoor Mini-Golf allowed.
<b>Outdoor Recreation (Tennis, Pickleball and Golf)</b> Order No. C19-07 Appendix C-2 Directive 2020-15	Tennis, Pickleball, Golf	<b>Outdoor Restricted</b>	<b>Change as of Wednesday, March 3, 2021</b> 1. Golf Capacity Limits <b>up to 4 people</b> , 1 household per Golf Cart with tee times staggered at least 10 minutes. 2. Tennis Capacity Limits <b>up to 4 people</b> , doubles w/ <u>4 households</u> . <b>Δ</b> 3. Pickleball Capacity Limits <b>up to 4 people</b> , doubles w/ <u>4 households</u> . <b>Δ</b>
<b>Outdoor Recreation (Organized and Supervised Youth and Adult Sports)</b> Order No. C19-07 Appendix C-2 Directive 2021-01	<b>Supervised and Organized Low and Moderate Contact</b> (baseball, softball, field hockey, gymnastics, cheerleading, and women's lacrosse) and <b>High Contact</b> (football, basketball, soccer, rugby, crew and men's lacrosse)	<b>Outdoor Restricted</b>	<b>Change as of Wednesday, March 3, 2021</b> 1. For Low, Moderate, and High Contact Sports Capacity Limit <b>up to 25 people</b> (not including coaches and personnel). <b>Δ</b> 2. For Low, Moderate, and High Contact Sports, Adults participants, coaches and staff must wear a mask at all times including while playing. <b>Δ</b> 3. People may participate in only one outdoor sports team at a time. <b>Δ</b> 4. People may coach more than one outdoor sports team. <b>Δ</b> 5. Low and Moderate Contact Sport <b>Competitions</b> may temporarily remove mask if distance of 6 feet can be maintained. <b>Δ</b> 6. High Contact Sport <b>Competitions</b> must wear mask at all times. <b>Δ</b>
<b>Gatherings (Drive-In)</b> Order No. C19-07 Appendix C-2 Directive 2020-28	Drive in Movie Theaters	<b>Outdoor Restricted</b>	<b>Change as of Wednesday, March 3, 2021</b> 1. Drive-In Gatherings Capacity Limits of <b>up to 100 Vehicles</b> . 2. Food and beverage concessions allowed. Must follow distancing and masking protocols with ordering and pickup. <b>Δ</b> 3. Live Performers <b>up to 6 people</b> , 6 feet apart, and masks required. <b>Δ</b> 4. No singing, chanting, shouting or playing a wind/brass instrument. Only exception is one performer if at least 12 feet from others. <b>Δ</b>
<b>Gatherings (Religious Activities and Political Protests)</b> Order No. C19-07 Appendix C-2 Directive 2020-19	Religious Activities, Political Protests	<b>Outdoor Restricted</b>	<b>Change as of Thursday, January 28, 2021</b> 1. Religious Activities and Political Protest allowed, No capacity limits, social distancing is required.
<b>Gatherings (Meal)</b> Order No. C19-07 Directive 2020-19		<b>Outdoor Restricted</b>	<b>Change as of Wednesday, March 3, 2021</b> 1. A <b>maximum of 6 people</b> from <u>3 households</u> may gather outdoors if eating and drinking are involved. <b>Δ</b>
<b>Gatherings (Small Outdoor)</b> Order No. C19-07 Directive 2020-19		<b>Outdoor Restricted</b>	<b>Change as of Wednesday, March 3, 2021</b> 1. A <b>maximum of 12 people</b> from <u>3 households</u> may gather outdoors. No eating or drinking allowed.

	Square feet	Cardio	Weight	Estimated occupancy	10% occupancy
Central Station	600	8	19	12	*1
Southern Station/PHQ	1,854	16	10	37	4
Bayview Station	700	5	19	14	*1
Mission Station	480	12	10	10	*1
Northern Station	800	9	5	16	2
Park Station	400	6	9	8	*1
Richmond Station	400	5	5	8	*1
Ingleside Station	400	7	3	8	*1
Taraval Station	546	4	6	11	*1
Tenderloin Station	450	7	14	9	*1
Police Academy	2,100	16	16	42	4
Tactical Unit	1,920	121	12	38	4
Hall of Justice	5,000	201	20	100	10

(\*) Please use a occupancy of 2 people for safety reasons in the gym.